## Jr. High Swim Team 2021

Team: Panthers

Head Coach:



Practice Schedule:	Mondays and Wednesdays 6:00-7:00 pm				
At least ten (10) practices must be swam with the team you are	Mor	nday	Wednesday		
	11/30/2020	1/18/2021	12/2/2020	1/20/2021	
registered for in order to qualify to swim in the Luptak Jr. High	12/7/2020	1/25/2021	12/9/2020	1/27/2021	
Championship Swim Meet. The Team	12/14/2020	2/1/2021	12/16/2020	2/3/2021	
Dive Practive <u>counts</u> as a team	1/4/2021	2/8/2021	1/6/2021	2/10/2021	
practice.	1/11/2021	2/15/2021	1/13/2021	2/17/2021	
Team Dive Practice:	Saturday, December 19 from 11:00-12:00 pm				
Swim Meet Schedule:	Date/Time Against:			inst:	
	1/16/2021	10:15 AM	10:15 AM Spartan		
	1/23/2021	8:00 AM	Dragons		
	1/30/2021	10:15 AM	Eagles Wolverines Championships		
	2/6/2021	10:15 AM			
	2/20/2021	7:00 AM			
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Extra Dive Classes:	Beginner		Intermediate		
Must pre-register. Space is	1/2/2021	4:00 PM	1/2/2021	5:00 PM	
limited. No cost to those in the Jr.	1/5/2021	8:00 PM	1/7/2021	8:00 PM	
High Program	1/8/2021	8:00 PM	1/9/2021	5:00 PM	
	1/9/2021	4:00 PM	1/12/2021	8:00 PM	
	1/14/2021	8:00 PM	1/15/2021	8:00 PM	
Stroke Camps	Freestyle		Backstroke		
Cost is CO/dow on COC for the	12/21/2020	10:00 AM	12/22/2020	10:00 AM	
Cost is \$9/day or \$36 for the entire week.	Breaststroke		Butterfly		
entire week.	12/23/2020	10:00 AM	12/28/2020	10:00 AM	
	IM/Dive	es/Turns			
	12/29/2020	10:00 AM			
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Awards Banquet	Monday, February 22, 6:00-7:00 pm				
	at the Activity Center - 1575 N Skyline Dr				

Pictures Wednesday, January 20 at 5:00 pm at the Aquatic Center

November 2020							
S	М	Т	W	Т	F	S	
1	2	3	4	5	6	7	
8	9	10	11	12	13	14	
15	16	17	18	19	20	21	
22	23	24	25	26	27	28	
29	30						

December 2020							
S	М	Τ	W	Т	F	S	
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6	7	8	9	10	11	12	
13	14	15	16	17	18	19	
20	21	22	23	24	25	26	
27	28	29	30	31			

	January 2021							
S	М	Τ	W	Т	F	S		
					1	2		
3	4	5	6	7	8	9		
10	11	12	13	14	15	16		
17	18	19	Ô	21	22	23		
24	25	26	27	28	29	30		
31								

February 2021						
S	М	Τ	W	Τ	F	S
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7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28						